# Subject Safety in First-in-Human (FIH) Studies: Perspectives, Pragmatism and Practice

**ASCPT** 

March 18, 2017

# Setting the Stage

- The National Commission for the Protection of Human Subjects of Biomedical and Behavioral Research issues:
  - The Belmont Report: Ethical Principles and Guidelines for the Protection of Human Subjects of Research – September 30, 1978
  - Principles: respect for persons, beneficence, and justice
  - Informed consent: information, comprehension, voluntariness

#### Setting the Stage

- Drug development requires FIH studies to inform on tolerability, PK and PD
- Protocols carefully reviewed by investigators, ethics review committees, and national regulatory agencies
- TeGenero United Kingdom (2006)
  - Major changes in design, Duff Comm. Report (2006) and revised EU Guidelines (2007)
- **Biotrial 10-2474** (2016)
  - Fatty acid amide hydroxylase (FAAH) inhibitor (MAD)
    - Subject died January 17, 2016
    - A number of other subjects hospitalized

# Setting the Stage

- Guideline on strategies to identify and mitigate risks for first-in-human and early clinical trials with investigational medicinal products
  - Draft Guidance 10 November 2016
  - End of public comment 28 February 2017
- European Medicines Agency (EMA) –
  Workshop on 'Guideline...medicinal products'
  - London, UK 28 March, 2017

### Speakers

- First-in-Human Studies: Practical Aspects of Design and Control
  - Jim Bush, MBChB, PhD, Covance Clinical Research Unit, Leads, United Kingdom
- BIA 10-2474 Accident: Biotrial Crisis Management Facts, Impact & Lessons
  - Jean-Marc Gandon, PharmD, Biotrial, Rennes, France
- Death (or SAE) in First-in-Human Studies: What Next? A Regulatory Perspective
  - Jonathan P. Jarrow, MD, US Food and Drug Administration, Silver Spring, MD

### Speakers

- When First-in-Human Studies Result in Death: Legal and Regulatory Lessons
  - Robin Fretwell Wilson, BA, JD, University of Illinois College of Law, Champaign, IL
- An Industry View of First-in-Human Studies: Where can we Improve?
  - Sarah Robertson, PharmD, Vertex Pharmaceuticals, Inc., Boston, MA
- Panel Discussion Questions from the Floor